



Covid-19 Training Restart Risk Assessment

Assumption: Compliance with Government and FA Guidelines provides for sufficiently safe conditions. With Risk Assessment matrix used this must mean > minor but < major injury or illness, with remaining variable being likelihood.

ITEM	HAZARD	PERSONS AT RISK	RISK RATING			ACTION FOR ELIMINATION OR CONTROL OF HAZARD	RE-ASSESSMENT		
			L	S	R		L	S	R
1	Returning to training during Covid-19 restrictions as of 01-June-2020.	COA	3	4	12	Completed risk assessment circulated to all Bishops Cleeve Colts FC distribution emails, including committee, and volunteers. Risk assessment must be followed at all times during all organised activities related to Bishops Cleeve Colts. FA Guidelines attached to risk assessment for ease of access by volunteers.	1	3	3
2	Safeguarding - Loss of consent from parent or carer follow some incident (failure of social distancing, later development of symptoms or positive test).	COA	2	3	6	Gain parent/carer consent for child to attend this activity during the period of the Covid-19 restrictions. Obtain written confirmation from each players parent/carer that their child is authorised to attend sessions. Keep a record of the consent. Suggest using e-mail or text, but not social media (WhatsApp, Facebook) where messages can later be deleted by the author.	1	1	1
		YP							
3	Safeguarding - Social distancing results in fall away from safeguarding best practice (e.g. too many players per coach, or no second adult).	COA	3	4	12	The coach/manager organising the activity must ensure all the following criteria is met during any planned activity: 1. Whatever the age of the children & type of activity, a minimum of one Level 1 and DBS-E checked coach & at least another adult must always be present. 2. Ratio of adults to children for ages 3 - 8 years = 1:8 3. Ratio of adults to children for ages 8+ years = 1:10	1	1	1
		YP							
		PAR							
4	Failure to maintain social distancing - i.e. < 2m for a total of 15 minutes or more over a single training session within single or multiple groups of 6 from the same squad, under supervision of the team coach(es).	COA	3	4	12	1. Sessions must be planned to ensure 2 metre social distancing will be maintained at all times. No games/matches. No practices involving physical contact. a. Training area to be planned and coned out; area for players, area for parents and players own equipment, including distancing guides. The coach will set out an allocated cone or object (2m separation) per player to allow a specific safe place for the players' parents to wait or their water bottle to be kept during the session. b. Where possible, separate each group of 6 by at least 10 meters to minimise any possibility of encroachment into separate groups 2m social distancing limit, including separation to another coach's area. Leave space for movement around the training area, to and from other marked areas. c. Communicate with parents/carers, in advance, what the session will entail. Encourage them to explain to the player before arrival to the session to help understanding how 2m spacing will be achieved. Brief players on expectations to the rules of the session before commencing. Be clear on what the activity entails. 2. Hygiene/PPE: a. Due to the involvement of physical exercise, face masks as PPE are not advised during training, to avoid lack of oxygen. b. Players, coaches and parent helpers to be advised to wash hands and wear clean kit before travel to a session. c. Equipment should be avoided wherever possible, limit to balls, cones, goals on occasion. Where equipment is required, prepare players to only use their feet i.e. do not pick balls up by hand. d. Encourage parent/carer to bring hand sanitizer for use at the end of the session. e. Where equipment is used, clean & sanitize before and after the session. f. Club to see to provide hand sanitiser and disinfectant wipes for coaches to clean hand and equipment.	2	3	6
		YP							
		PAR							
		PUB							
5	Forced failure to maintain social distancing - injury or other emergency.	COA	2	4	8	1. A trained coach will provide Emergency Aid, e.g. AED (preferably) or CPR after a collapse, but will defer to parents for minor First Aid, e.g. knock, sprain, cut. Coach should not apply minor first aid due to 2m social distancing. a. Parents/carers - Primary School age groups (up to U11) to be requested to remain at the session in the event of minor injury/illness to the player. If the parent can't stay the player should not take part. b. Parents/carers - Secondary School age groups (up to U12 up) to be requested to remain at the session in the event of minor injury/illness to the player. If the parent can't stay they must be immediately contactable, and able to get back to the session within 10 minutes. c. Club to provide CPR nose/mouth guards for First Aid kits, assure maintenance of the facility (BC PC or BC FC) AED devices. d. Club to assure availability of emergency plan (includes AED access codes) to all coaches.	1	3	3
		YP							
6	Loss of social distancing in surroundings - drop-off/pick-up areas, parent/carer spectator areas, overall use of sportsfield, toilet block.	COA	3	4	12	1. Seek to spread sessions across Kayte Lane and Sportsfield and across whole Sportsfield area, if possible and permitted a. Use both Sportsfield and Kayte Lane Car park, co-ordinate with other coaches to spread out across areas and car parks, if possible and permitted. 2. Arrange preferred one way circulation between car parks and training areas for arrivals / departures. a. Coaches to communicate arrangement to parents, ask for use of commonsense, and if necessary request change to non-compliant behaviours. b. Make exception for those with mobility issues. 3. Minimise or avoid use of toilet blocks (if open). a. Short sessions, e.g. 45 minutes, co-ordinate with other coaches to stagger different groups in time.	1	3	3
		YP							
		PAR							
		PUB							
7	Level 1 coach undertaking a session with a player who has an impairment	COA	2	4	8	1. Create additional actions per individual case using the action plan. 2. Follow government guidelines relevant to the specific impairment or health condition. 3. If in doubt seek advice.	1	3	3
		YP							
		PAR							



Covid-19 FA Guidance

Updated Guidance on Permitted Grassroots Football Activity During COVID-19 - 1 June 2020



The FA has today issued further guidance to all grassroots football and informal football activity outside the professional game following The Government's relaxation of COVID-19 restrictions from 1 June 2020.

Consistent with Government advice, published on Monday 1 June, the following outdoor football activity is currently permitted:

PLAYING FOOTBALL INDIVIDUALLY
 e.g. practice of individual skills or fitness activities



PLAYING FOOTBALL WITH YOUR FAMILY OR OTHER PEOPLE LIVING IN YOUR HOUSEHOLD



FOOTBALL TRAINING OR FITNESS ACTIVITIES IN GROUPS OF NO MORE THAN SIX, KEEPING TWO METRES APART AT ALL TIMES



Sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after.



Physical contact with anyone outside of your household is not permitted, therefore, playing of any games (small-sided or full) is also not permitted at this time. Avoid meeting in groups of six in busy or overcrowded areas, if it is so busy that it is not possible to maintain social distancing at all times.

FOOTBALL COACHING WITH SMALL GROUPS OF UP TO SIX PEOPLE



Football coaches can now undertake small group sessions up to six people (including the coach) but are reminded to follow The FA safeguarding policies when coaching/working with children. This must include risk assessing the activities, gaining consent from parents/carers and ensuring you are in sight of another adult e.g. parent/carer or another coach and that the ratio of coach to different age-groups of children is appropriate – see Download 5.5 at <http://www.thefa.com/football-rules-governance/safeguarding/section-11-the-complete-download-directory>

For clarity, the additional parent/carer or coach is not included as part of the group of six but must remain in sight of the activity.



TRAINING FOR TWO OR MORE GROUPS OF SIX (INCLUDING COACH)

It is permissible for coaches to organise a training session that has two or more groups of six (including the coach) involved as long as the groups of six are kept separate, everyone is socially distancing, and strict hygiene measures are in place with any equipment.

FOOTBALL COACHES WORKING WITH PEOPLE WITH IMPAIRMENTS



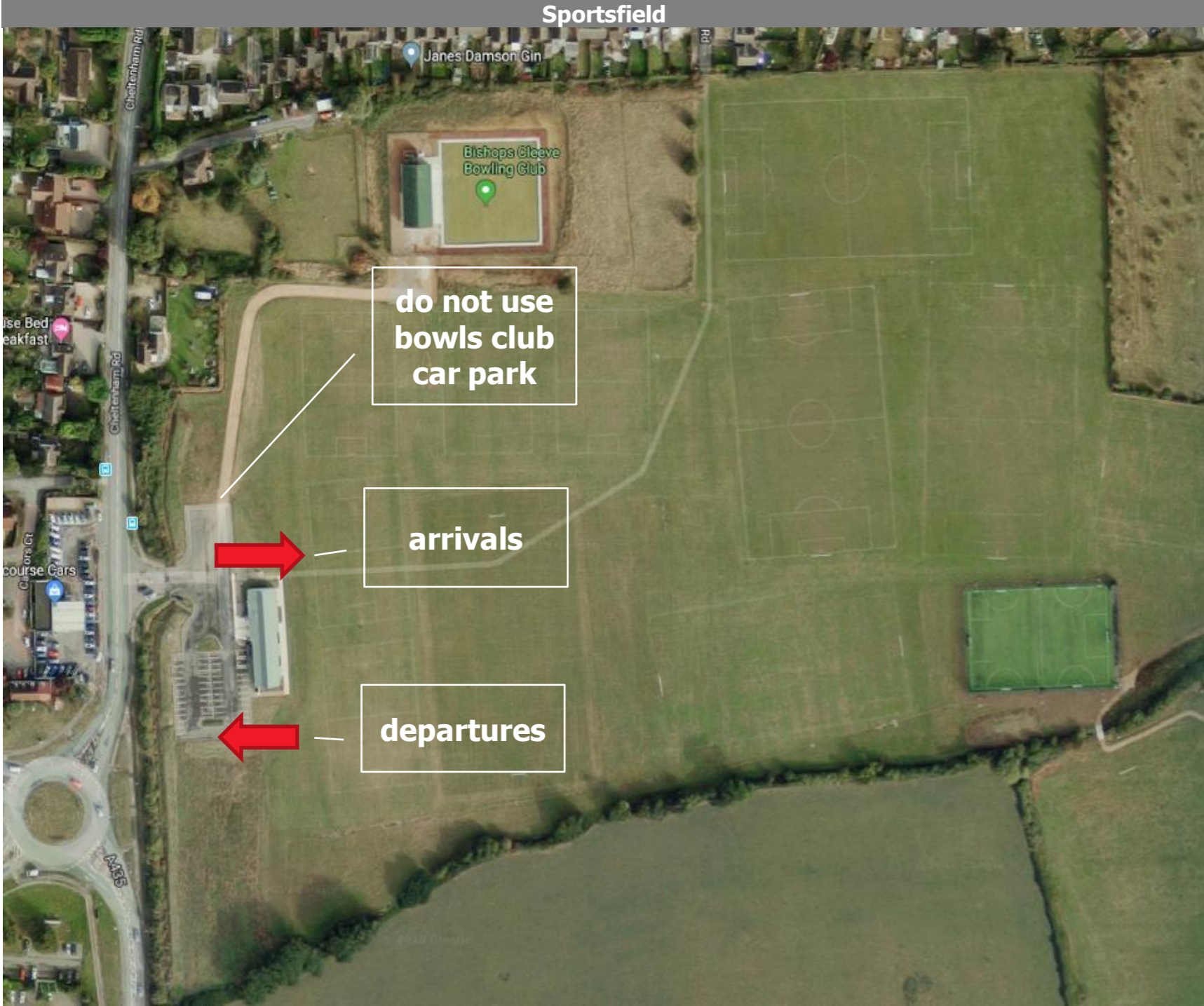
Must ensure they can adequately cater for any additional needs whilst still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.

! Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.

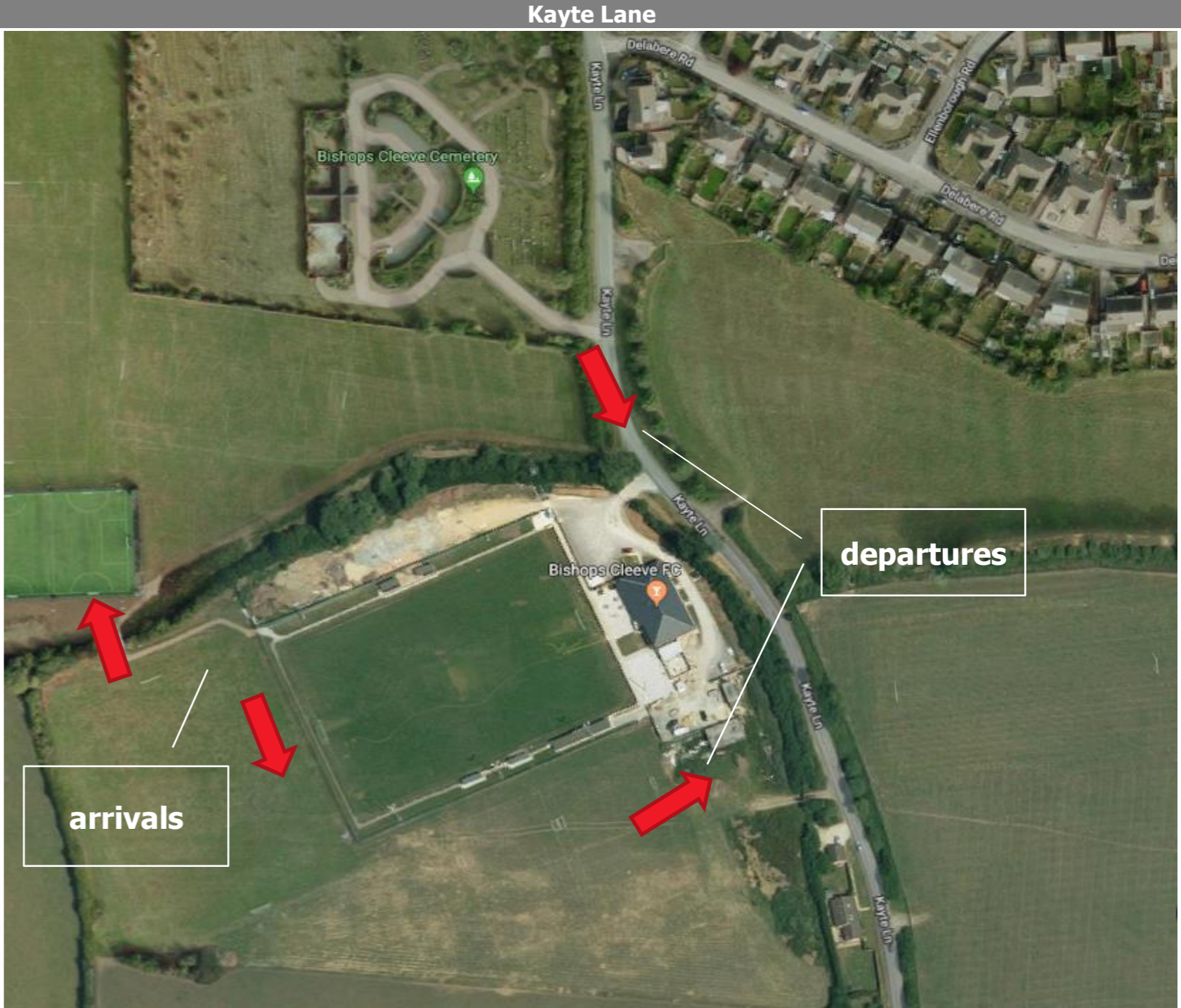
The FA continues to work closely with the Department for Digital, Culture, Media & Sport (DCMS) and Sport England in order to provide good practice guidance for those responsible for delivering different aspects of grassroots football and we will share further information as soon as possible.



Suggested Facilities Movement



Park in the carpark but enter the Sportsfield round the left hand side of the Pavilion.
 Return to cars around the right hand side of the pavilion.



Park in the carpark but enter the Sportsfield across the bridge.
 Return to cars via the Cemetary exit.
 Park in the carpark but enter the Training area via the 2nd pitch.
 Return to cars via the player car park.



**BISHOPS CLEEVE COLTS FC
FORMED 1971**

Affiliated to Gloucestershire Youth Football Association
Member of Cheltenham Youth Football League
Member of Gloucester County Girls Football League
Part of the Bishops Cleeve Football Partnership



Legend & Risk Matrix

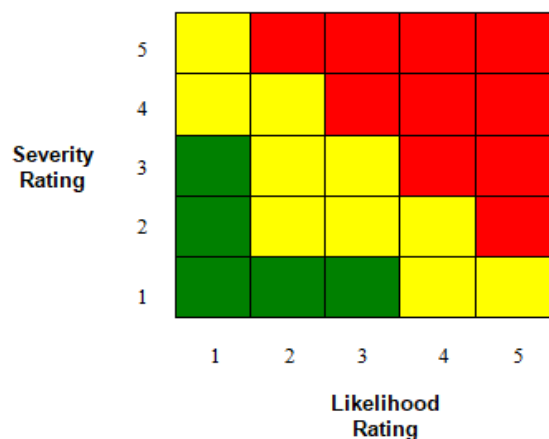
Key to abbreviations

PERSONS	YP	Young Persons
	COA	Coach
	PUB	Public
	PAR	Parent/carer

Key to risk

SEVERITY	1	First aid injury or illness
	2	Minor injury or illness
	3	'3 day' injury or illness
	4	Major injury or illness
	5	Fatality, disabling injury or illness
LIKELIHOOD	1	Very unlikely
	2	Unlikely
	3	Likely
	4	Very likely
	5	Almost certain

RISK RATING



- | | | | | |
|-----------|---|----------------------|---|------------------------|
| Score 10+ | = | HIGH RATING | - | Requires urgent action |
| Score 4-9 | = | MEDIUM RATING | - | Continue assessment |
| Score 1-3 | = | LOW RATING | - | No need to continue |



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Specific Action Plan

Actions:	By Who:	By When:	Date Completed:	New Risk Rating: